

## **Actions to be taken by volunteers at the end of their shifts**

- Clothing is a potential source of COVID-19 transmission. All clothing should be washed at temperatures above 60°C or higher. If you are unable to wash items immediately, leave in a sealed bag for at least three days and wash as normal.
- Wash your hands for 20 seconds with soap and hot water rubbing vigorously when you arrive home
- Clean your car including: door handles, steering wheel, gear stick, handbrake, seatbelt buckle and car keys and any other hand contact surfaces with a disinfectant spray or detergent and hot water and a disposable cloth. If you have a plastic liner or sheet in your car then you should also wipe this down.
- Wash your hands for 20 seconds and then take a full shower and wash your hair well, as the virus can attach to clothes and hair

