

Run Preston 2013

5k

START/FINISH

Follow Signs for Guild Hall

Manchester M6/M61 (J31) Blackburn A59

Key

- Mcp Market Car Park
- T Toilets
- Bcp Bus Station Car Park
- RHQ Race Head Quarters
- DS Drink Station
- 10k Route
- 5k Route

Fun Run

NB. The Fun Run follows the same route as the 5k but does not enter the park. Instead, take a right off Ribblesdale Place to Winckley Square, Starkie Street, Glovers Court, Cannon Street and back to the finish.



Penwortham Bridge

RIVER RIBBLE

AVENHAM PARK

MILLER PARK

RIVER RIBBLE

Recreation Ground

BOULEVARD

Run Preston 2013

10k

START/FINISH

Follow Signs for
Guild Hall

Manchester
M6/M61 (J31)
Blackburn A59

NB. The 10k route starts with 1.5 laps of the city centre which then leads into Miller and Avenham Parks.

